

# Embedding British Values through PATHS



YR/1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Unit 1 Fostering Positive Classroom</b>	<b>Unit 1 Establishing a Positive Classroom Environ</b>	<b>Unit 1 Establishing a Positive Classroom/ Enhancing Self-Esteem</b>	<b>Unit 1: Getting Started and Introduction</b>	<b>Unit 1 Getting Started and Introduction</b>	<b>Lesson 1 PATHS review/PATHS Pupil of the Day- Complimenting</b>
Lesson 1 Circle Rules	Lesson 1 Formulating Classroom Rules	Lesson 1 Classroom Rules: Mr Jones' Class	Lesson 1 Formulating Classroom Rules	Lesson 1 Formulating Classroom Rules	Lesson 2 All About Us
Lesson 2 PATHS Animals:	Lesson 2 PATHS Readiness Lesson	Lesson 2 PATHS Pupil of the Day (Complimenting)	Lesson 2 PATHS Pupil of the Day	Lesson 2 PATHS Review/PATHS Pupil of the Day (Complimenting)	<b>Lesson 3: Reviewing the Problem-Solving Chart</b>
Lesson 3 PATHS pupil of the day	Lesson 3 PATHS Pupil of the Day – Complimenting	<b>Unit 2 Basic Emotions</b>	Lesson 3 Co-operative Learning Skills	Lesson 3 Co-operative Learning Skills	Lesson 4 Learning a Way to Calm Down
Lesson 4 Compliments 1	<b>Unit 2 Introduction to Feelings</b>	Lesson 3 Introduction to Feelings – Happy, Sad and Private	Lesson 4 The Golden Rule	Lesson 4 The Golden Rule	Lesson 5 More ways to Calm Down and Handle Stress
<b>Unit 2 Basic feelings 1</b>	Lesson 4 Introduction to Feelings	Lesson 4 Fine, Excited and Tired	<b>Lesson 5: Listening To Others</b>	Lesson 5 Introduction to Feelings – Feelings Poster	Lesson 6 Making Good Decisions
Lesson 5 We all have feelings	Lesson 5 Happy, Sad, Private	Lesson 5 Scared/Afraid and Safe	<b>Unit 2 Feelings and Relationships</b>	Lesson 6 Recognising and Controlling Anger – 3 Steps for Calming Down Poster	Lesson 7 Getting Help from Others
Lesson 6 Happy	Lesson 6 Activities on Happy and Sad	Lesson 6 Cross/Angry I	Lesson 6 Introduction to Feelings	Lesson 7 Feelings Dictionary	<b>Unit 2 Study and Organisational Skills</b>
Lesson 7 Sad	Lesson 7 Fine, Excited, Tired	Lesson 7 Cross/ Angry II - Recognising Angry	Lesson 7 Recognising and Controlling Anger	Lesson 8 My Own Feelings Story	Lesson 8 Study Skills- Part 1
Lesson 8 Twiddle makes friends	Lesson 8 Activities on Excited and Tired and A Review All Feelings	Lesson 8 Calm, Relaxed and Worried	Lesson 8 Control Signals Poster 1	<b>Unit 2 Problem Solving</b>	Lesson 9 Study Skills- part 2 – H.E.Y
Lesson 9 Compliments 2	<b>Unit 3 Feelings and Behaviours</b>	Lesson 9 PATHS Review Lesson I	Lesson 9 Control Signals Poster 2	<b>Lesson 9 Treasure Hunt: Problem-Solving Review</b>	Lesson 10: Good Listening Skills
<b>Unit 3 Basic Feelings 2</b>	Lesson 9 Scared or Afraid, Safe	<b>Unit 3: Improving Self-Control, Self-Awareness and Anger Management</b>	Lesson 10 PATHS Feelings Dictionary	Lesson 10 Making Good Decisions - My Choice	Lesson 11 Story – 'Triple T'
Lesson 10 Angry 1	Lesson 10 Activities on Scared or Afraid and Safe	Lesson 10 Self-Control I: Steps For Calming Down	Lesson 11 Feelings Intensity	Lesson 11 Identifying Problems - Feelings, Goals and Solutions	Lesson 12: S.E.T
Lesson 11 Scared or Afraid	Lesson 11 Cross or Angry	Lesson 11 Self-Control II: Learning Self- Control	Lesson 12 My Own Feelings Story	Lesson 12 Consequences: What Might Happen Next?	Lesson 13 Study Skills- Being Organised

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Lesson 12 My feelings	Lesson 12 PATHS Review Lesson	Lesson 12 Control Signals Poster I: Anger Management	Lesson 13: Playing By the Rules	Lesson 13 Making a Good Plan	Lesson 14 Planning Ahead- A Biography and Class Project
Lesson 13 Angry 2	<b>Unit 4 Self Control and Anger Management</b>	Lesson 13 Control Signals II: Using the Control Signals Poster	Lesson 14: Solving an Important Problem	Lesson 14 Trying Your Plan and Evaluating What Happens	<b>Unit 3 Conflict Resolution</b>
<b>Unit 4 Self-Control</b>	Lesson 13 Self-Control I (Anger Management)	<b>Unit 4 Using Our Thinking Skills</b>	Lesson 15 Avoiding Gossip	Lesson 15 Trying Again: Obstacles	Lesson 15 What is Conflict?
Lesson 14 Twiggle learns to do turtle 1	Lesson 14 Self-Control II (Anger Management)	Lesson 14 Cross/Angry III (Baxter and His Temper)	Lesson 16 We Are All Unique	Lesson 16 Solving Problems – Dear Problem Solvers	Lesson 16 Conflict on the Court
Lesson 15 Twiggle learns to do Turtle 2	Lesson 15 Self-Control III	Lesson 15 Making Good Choices	Lesson 17 Best Friends Story - Part 1	<b>Unit 3 Goals And Identity</b>	Lesson 17 Conflict Resolution
Lesson 16 Turtle Technique review	Lesson 16 Calm or Relaxed and Relaxation Practice	Lesson 16 Problem-Solving Meeting I	Lesson 18 Best Friends Story - Part 2	Lesson 17 Setting Goals and Reaching Your Goal - Biography	Lesson 18 Resolving Conflict
Lesson 17 Appropriate Turtles 1	<b>Unit 5 Anger Management and Problem-Solving</b>	Lesson 17 Problem-Solving Meeting II: School Transitions	Lesson 19 Best Friends Story - Part 3	Lesson 18 Setting a Goal: A Class Project To Improve the School	Lesson 19 Stating the Problem
Lesson 18 Appropriate Turtles 2	Lesson 17 Control Signals Poster (Anger Management)	<b>Unit 5 Friendship, Getting along With Others 1</b>	Lesson 20: Best Friends Story - Part 4: Making Up	Lesson 19 Setting a Goal and Making a Plan	<b>Unit 4A Novel - Number the Stars Respect</b>
Lesson 19 Calm or Relaxed	Lesson 18 Problem Discussion – Angry Arthur	Lesson 18 Listening to Others	<b>Unit 3: Making Good Decisions</b>	Lesson 20 Overcoming Obstacles - Biography of Jim Abbott	Lesson 21 Number the Stars
<b>Unit 5 Sharing, Caring and Friendship</b>	Lesson 19 Problem-Solving Meeting	Lesson 19 Fair Play Rules	Lesson 21 Making Good Decisions 1- Deressa's Choice	<b>Unit 4 Making and Keeping Friends</b>	Lesson 22: Number the Stars
Lesson 20 Sharing and Caring 1	Lesson 20 Surprised, Expect	Lesson 20 Introduction to Manners: Why Are They Important?	Lesson 22 Making Good Decisions 2 - Refusal Skills	Lesson 21 Making New Friends	Lesson 23 Number the Stars
Lesson 21 Sharing and Caring 2	Lesson 21 Problem Discussion On Surprised	Lesson 21 Shy and Lonely	Lesson 23 Making Good Decisions 3 -Loni's Challenge	Lesson 22 Joining In With Others	Lesson 24 Number the Stars
Lesson 22 Twiggle Special Day	Lesson 22 Problem-Solving/ Privacy and Telling Your Feelings	Lesson 22 Making Friends (Baxter Makes a New Friend)	Lesson 24 Making Good Decisions 4 - Thinking Ahead	Lesson 23 The Eagles and the Championship Cup Final: Part 1	Lesson 25 Number the Stars/Problem solving steps
Lesson 23 Advanced Compliments	<b>Unit 6 Friendship and Feeling Lonely</b>	Lesson 23 Frustrated	Lesson 25 Making Good Decisions 5 - Alfie Learns a Lesson	Lesson 24 The Eagles and the Championship Cup Final: Part 2	Lesson 26 Our Presentation 1
Lesson 24 Feelings Review	Lesson 23 What Is A Good Friend?	Lesson 24 Being a Good Winner/Loser	<b>Unit 4 Being Responsible and Caring for Others</b>	Lesson 25 The Eagles and the Championship Cup Final: Part 3	Lesson 27 Our Presentation 2

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<b>Unit 6 Basic Problem Solving</b>	Lesson 24 Lonely	Lesson 25 Problem-Solving Meeting III – Friendship/Playtime	Lesson 26 Being Responsible	Lesson 26: Dealing With Teasing	<b>Or Unit 4B - Respect</b>
Lesson 25 Making Choices	Lesson 25 Making Friends	<b>Unit 6 Feelings In Relationships 1</b>	Lesson 27 Being Responsible and Creating Change	Lesson 27 Self-Concept - Our Feelings and Friendships	Lesson 21 What is respect?
Lesson 26 Solving Problems	Lesson 26 Shy	Lesson 26 Jealous and Content/Satisfied	Lesson 28 Social Responsibility – A Class Project	Lesson 28 Managing Our Feelings	Lesson 22 Respect in the Community
Lesson 27 Solving problems with Friends	Lesson 27 Story/Activity on Shy and Problem-Solving Activity	Lesson 27 Like/Love and Dislike/Hate and Tolerance	<b>Unit 5 Problem-Solving</b>	Lesson 29: Forgiving and Resentful	Lesson 23 Respecting musical differences in the world
<b>Unit 7 Intermediate Feelings</b>	Lesson 28 Embarrassed	Lesson 28 Different Points Of View	Lesson 29 Problem 1 – Identifying Problem	<b>Unit 5 Being Responsible and and Caring for Others</b>	Lesson 24 Respecting food differences in the world
Lesson 28 Comfortable and Uncomfortable	Lesson 29 PATHS Review Lesson	Lesson 29 Guilty	Lesson 30 Problem 2 – Smart Vs Confused	Lesson 30 Dealing With Gossip	Lesson 25 Respecting differences- clothes
Lesson 29 Different Types of Feelings	<b>Unit 7 Manners and Listening to Others</b>	Lesson 30 Proud and Ashamed	Lesson 31 Problem 3 – Different Points Of View	Lesson 31 Rejected and Excluded	Lesson 26 Our Presentation 1
Lesson 30 Excited	Lesson 30 By Accident, On Purpose	Lesson 31 Feelings Review 2: Guessing Game	Lesson 32 Problem 1 4 – Why Things Happen	Lesson 32: Stereotypes and Discrimination	Lesson 27 Our Presentation 2
Lesson 31 Tired	Lesson 31 Manners 1	<b>Unit 7: Getting along With Others 2</b>	Lesson 33 Goals – Identifying Individual Goals	Lesson 33: Being Responsible and Creating Change - Biography	<b>Unit 5 Endings and Transitioning</b>
Lesson 32 Frustrated	Lesson 32 Manners 2	Lesson 32: Keeping a Friend (Baxter's Challenge)	Lesson 34 Setting Positive Goals	Lesson 34 Caring For Others - Dr Martin Luther King Jr Speech	Lesson 28 Looking Back, Looking Forward
Lesson 33 Proud	Lesson 33 Manners 3	Lesson 33 Making Up With Friends	Lesson 35 Reaching His Goal	Lesson 35 Authority I	Lesson 29 Wall of Worries – Building a Foundation
<b>Unit 8 Advanced Feelings</b>	Lesson 34 Manners 4	Lesson 34 Greedy/Selfish and Generous	Lesson 36 Reaching Our Goals – Homework	Lesson 36 Authority II	Lesson 30 PATHS Reactions and Review
Lesson 34 Love	Lesson 35 Fair Play Rules	<b>Unit 8 Feelings and Expectations</b>	Lesson 37 Generating Solutions 1	Lesson 37 Commemorating Others: The Titanic	Lesson 31 Planning a PATHS Party
Lesson 35 Worried	Lesson 36 Listening To Others	Lesson 35 Surprised, Delighted and Disgusted	Lesson 38 Generating Solutions 2	Lesson 38 Honouring Others: Biography of Ray Davey	
Lesson 36 Disappointed	Lesson 37 Sharing	Lesson 36 By Accident, On Purpose	Lesson 39 Thinking Takes Time	Lesson 39 Being Responsible: A Class Project	

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Lesson 37 Jealous	<b>Unit 8 Feelings / Emotions / Behaviours</b>	Lesson 37 Disappointed and Hopeful	<b>Lesson 40 Coping With Difficult Problems</b>	Lesson 40 PATHS Reactions and Review	
Lesson 38 Furious	Lesson 38 Decision Wheel	<b>Lesson 38 Fair/Not Fair</b>	Lesson 41 PATHS Reactions and Review	Lesson 41 Planning a PATHS Party	
Lesson 39 Guilt	Lesson 39 Curious, Interested, and Bored	Lesson 39 Curious/Interested, Bored, Confused and Confident	Lesson 42 Planning a PATHS Party	<b>Appendix A</b>	
Lesson 40 Generous	Lesson 40 Proud, Ashamed	Lesson 40 Trying Harder/Overcoming Obstacles		Lesson 1 Optional Lesson 1: Control Signals Poster 1	
<b>Unit 9 Wrap Up</b>	Lesson 41 Story/Activity on Proud	<b>Unit 10 Feelings In Relationships 2</b>		Lesson 2 Optional Lesson 2: Control Signals Poster 2	
Lesson 41 PATHS review	Lesson 42 Frustrated	Lesson 41 Malicious and Kind			
Lesson 42 Saying Goodbye	Lesson 43 Hopeful, Disappointed	Lesson 42 Rejected and Included	<b>Schools can demonstrate embedding British values by:</b>		<b>Democracy</b>
Lesson 43 Ending and transitioning	Lesson 44 Story/Activity on Hopeful	Lesson 43 Teasing	<b>Having an ethos which includes British values</b>	<b>Teaching and celebrating major faith festivals</b>	<b>Rule of law</b>
Lesson 44 PATHS Party	Lesson 45 Problem Discussion on Frustrated or Disappointed	Lesson 44 Problem Solving Meeting IV: Bullying	<b>Delivering the PATHS curriculum with fidelity</b>	<b>Visiting sites which appreciate British history and culture</b>	<b>Individual liberty</b>
	Lesson 46 PATHS End of Year Review	<b>Unit 11 Endings and Transitions</b>	<b>Having Healthy Schools status, active school council</b>	<b>Training staff to promote diversity and challenge prejudice</b>	<b>Mutual respect</b>
	Lesson 47 Planning a PATHS Party	Lesson 45: PATHS Review Lesson 2	<b>Having a well planned RE curriculum</b>	<b>Having resources in school which show the diversity of British family life</b>	<b>Tolerance</b>
		Lesson 46: Planning a PATHS Party			