



NOURISH YOUR CHILD'S INNER SUPERHERO!

Manorfield Infant & Nursery School

Our Food



Edwards & Blake menus are designed to be child friendly, as well as compliant with the Government's school food standards. We use high quality, healthy and nutritious ingredients, prepared fresh on site, on the day of consumption, by suitably trained and child focused employees.



We are launching our new Green Earth Monday to further support our continued commitment to corporate social responsibility. From October 2021, we are reducing animal protein on our menus to assist with the worldwide red meat reduction challenges, with Mondays in Primary schools being Vegetarian based. This will have a huge effect in impacting the CO2 saving so we appreciate your support with this.



Rest assured, at the heart of our service is a compliant menu which contains the correct balance of food and nutrients across the weeks to ensure children continue to have all the goodness they need.

Medical Diets and Allergies

If your child has a specific dietary need for a medical reason, we will work with you to create a menu to meet the needs of your child. We have a Medical Diet Procedure to follow, to ensure your child can safely eat with us. If you would like your child to have a school meal we would need to see a medical certificate from your child's consultant. We can then proceed with creating a suitable menu. Please ask your school for the Medical Diet Request form.

Once you have completed it please return to the school along with the Medical evidence, please ensure all details are correct and it has been signed. This will then be passed onto our team of dietitians who will then create a safe menu for your child and implement as soon as possible.

Help your school and yourself - claim free school meals

FREE SCHOOL MEALS

Did You Know

All children in Reception, Year 1 and Year 2 are all eligible for a Universal Infant Free School Meal!

Let Edwards & Blake take the pressure off making a pack lunch and let us provide your child with a nutritionally balanced, hot and delicious lunch,

for **FREE!**

You could save yourself time and **£100's** a year by giving up the pack lunch & encouraging them to have a hot meal prepared and cooked fresh on site by us daily!

Why not give it a try tomorrow?!



AUTUMN / WINTER 2021-22

Manorfield Infant & Nursery School

Week One Dates 30/08, 20/09, 11/10, 01/11, 22/11, 13/12, 03/01, 24/01, 14/02, 07/03, 28/03

| Week 1 | 'Green Earth Monday' | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------------|--|--|--|--|--|
| Main Meal Option | Wholemeal Margherita Pizza Slice with Jacket Wedges | Classic Pasta Bolognese with Garlic Bread | Roast Chicken with Stuffing, Roast Potatoes & Gravy | Creamy Chicken & Butternut Korma Curry with Mixed Rice | Crispy Breaded Fish Fingers & Chips |
| Vegetarian Main Meal Option | <u>Build Your Own Taco</u> with Veggie Chilli, Rice, Mint yoghurt with Jacket Wedges | Veggie Mince Pasta Bolognese with Garlic Bread | Roast Veggie Balls with Stuffing, Roast Potatoes & Gravy | Sticky Barbecue Vegetables with Noodles | Crispy Veggie Burger with Chips |
| Vegetable Selection | Green Beans Sweetcorn | Broccoli Roasted Vegetables | Cauliflower Seasonal Greens | Mixed Vegetables | Baked Beans Garden Peas |
| Jacket Potato Options | Jacket Potato with Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans |
| Dessert | Orange & Banana Traybake | Apple Flapjack | Tropical Crumble with Pineapple, Mandarin, Peaches & Cream | Watermelon & Pineapple Slices | Chocolate Cookie |

Week Two Dates 06/09, 27/09, 18/10, 08/11, 29/11, 20/12, 10/01, 31/01, 21/02, 14/03, 04/04

| Week 2 | 'Green Earth Monday' | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------------|---|--|---|--|--|
| Main Meal Option | Wholemeal Margherita Pizza with Herby Diced Potatoes | Cheesy Ham & Broccoli Pasta with Herby Focaccia | Roast Chicken with Yorkshire Pudding, Roast Potatoes & Gravy | Chicken & Sweetcorn Meatball Sub with Arrabiata Sauce & Baked Wedges | Crispy Breaded Fish Fingers & Chips |
| Vegetarian Main Meal Option | Smoky Spiced Vegetable Stew with Herby Diced Potatoes | Chinese Vegetable Curry with Mixed Rice & Naan | Roast Veggie Balls with Yorkshire Pudding, Roast Potatoes & Gravy | Creamy Baked Macaroni Cheese | Veggie Hot Dog & Chips |
| Vegetable Selection | Sweetcorn Garden Peas | Green Beans Cauliflower | Carrots Savoy Cabbage | Broccoli Roasted Vegetables | Baked Beans Garden Peas |
| Jacket Potato Option | Jacket Potato with Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans |
| Dessert | Oaty Raisin Cookies with Watermelon Slice | Cinnamon Pear Upside Down Cake | Jam Tart with Custard | Lemon & Blueberry Yoghurt Cake | Beetroot Brownie |

Week Three Dates 13/09, 04/10, 25/10, 15/11, 06/12, 27/12, 17/01, 07/02, 28/02, 21/03, 11/04

| Week 3 | 'Green Earth Monday' | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------------|---|--|--|--|--|
| Main Meal Option | Wholemeal Margherita Pizza with Baby Baked Potatoes | Baked Sausages with Yorkshire Pudding, Mashed Potato & Gravy | Roast Chicken with Stuffing, Roast Potatoes & Gravy | Mild Piri Piri Chicken Bake served with Mixed Rice | Crispy Breaded Fish Fingers & Chips |
| Vegetarian Main Meal Option | Veggie Meatballs with a Mediterranean Tomato Sauce | Autumn Vegetable & Wholewheat Tortilla 'Lasagne' | Roast Veggie Balls with Stuffing, Roast Potatoes & Gravy | Tomato, Basil & Courgette Pasta Bake | Mozzarella & Fresh Tomato Melt with Chips |
| Vegetable Selection | Mixed Vegetables Garden Salad | Green Beans Cauliflower | Garden Peas Carrots | Broccoli Sweetcorn | Baked Beans Garden Peas |
| Jacket Potato Options | Jacket Potato with Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans |
| Dessert | Chocolate Shortbread | Carrot Cake Cookie | Peach Shortcake Bar with Custard | Watermelon & Pineapple Slices | Lemon & Courgette Slice |

Pick and Mix Selection

Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts Available Daily