



Trust Lead & CEO: Mrs A Lightbown
 Interim Executive Headteacher: Mrs H Haines
 Deputy Headteacher: Mrs L Turk

Manor Field Infant and Nursery School, Manor Road, Long Stratton, Norwich Norfolk, NR15 2XR

Tel: 01508 530356; E-mail: office@manorfield.norfolk.sch.uk

11th March 2020

Dear Parent/Carer

Re: Coronavirus concerns

At Manor Field Infant & Nursery School the health and safety of our pupils and staff is of paramount importance. I am therefore sharing guidance from Public Health England on steps you should be taking to minimise the possible spread of Coronavirus in the UK. There is currently no cause for concern at the school. We will however keep you informed about any developments and ensure we are keeping the school clean to prevent the spread of any virus.

If you or your child/children have returned from a category 1 country or area in the past 14 days

This includes:

- Wuhan City and Hubei Province, China
- Iran
- Daegu or Cheongdo, South Korea
- Italy

Contact NHS 111 for advice, and:

- Self-isolate for 14 days after leaving the country or area
- If you become unwell, call NHS 111 immediately for an assessment (or 999 if you require emergency medical attention) – see below for the symptoms to look out for.

If you or your child/children have returned for a category 2 country or area in the last 14 days

This includes:

- Cambodia
- China (other than Wuhan City or Hubei Province)
- Hong Kong
- Italy
- Japan
- Laos
- Macau
- Malaysia
- Myanmar
- Singapore
- South Korea (other than Daegu or Cheongdo)
- Taiwan
- Thailand
- Vietnam

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If you or your child/children are well:

- You don't need to avoid contact with other people
- Your other family members do not need to take any precautions or make any changes to their own activities.

If you become unwell (see below for a list of symptoms):

- Stay indoors and avoid contact with other people as you would with other flu viruses
- Call NHS 111 immediately for an assessment (or 999 if you require emergency medical attention)

Symptoms to look out for:

- Cough
- Difficulty in breathing
- Fever (a temperature of 38°C or higher)

According to other official guidance, while you wait for further advice:

- Avoid contact with others.
- Stay at home – don't go to work or school.
- Don't travel while sick.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing, throwing the tissue in the bin.
- Wash your hands often with soap and water for at least 20 seconds (or an alcohol-based sanitiser if soap and water aren't available).
- If you are worried about your symptoms, please call NHS 111 – don't go directly to your GP or other healthcare environment.

I will keep you updated if the advice changes and recommend that you visit the Public Health England official guidance over the course of the coming days and weeks as this is likely to be updated.

If you have any further concerns or questions, please do not hesitate to contact myself or your child's class teacher.

Yours sincerely

Mrs H Haines
Interim Executive Headteacher

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