

NON GLUTEN/DAIRY/EGG/SOYA

	WEEK 1 Week Starting: 12 Apr • 3 May • 24 May • 21 Jun 12 Jul • 13 Sept • 4 Oct	WEEK 2 Week Starting : 19 Apr • 10 May • 7 Jun • 28 Jun 19 Jul • 20 Sept • 11 Oct	WEEK 3 Week Starting : 26 Apr • 17 May • 14 Jun • 5 Jul 6 Sept • 27 Sept • 18 Oct
MONDAY	<p>Chicken in Tomato Sauce with Steamed Rice (v) Italian Bean Bake - DF Cheese Garden Peas and Sweetcorn Jacket Potato with a Choice of Fillings Apple Crumble with Custard</p>	<p>(v) Margherita Pizza Baby New Potatoes Rainbow Salad Jacket Potato with a Choice of Fillings Shortbread with Orange Wedges</p>	<p>Plain Chicken in a Homemade Roll with BBQ Sauce Potato Wedges Rainbow Salad Jacket Potato with a Choice of Fillings Fresh Fruit Salad</p>
TUESDAY	<p>(v) Margherita Pizza Potato Wedges Rainbow Salad Jacket Potato with a Choice of Fillings Fresh Fruit Salad</p>	<p>Homemade Chicken Curry Steamed Rice Vegetable Medley and Naan Bread Jacket Potato with a Choice of Fillings Homemade Cupcake</p>	<p>Beef Bolognese with Herby Bread and GF Pasta (v) Homemade Sweet Potato and Lentil Curry with Steamed Rice and Naan Bread Garden Peas and Cauliflower Jacket Potato with a Choice of Fillings Iced Fruit Smoothie</p>
WEDNESDAY	<p>Roast Chicken Roast Potatoes Carrots, Green Beans and Gravy Jacket Potato with a Choice of Fillings Homemade Cupcake</p>	<p>GF Sausages Mashed Potato Carrots, Garden Peas and Gravy Jacket Potato with a Choice of Fillings Cocoa Shortbread</p>	<p>Roast Chicken Roast Potatoes Carrots, Spring Greens and Gravy Jacket Potato with a Choice of Fillings Shortbread with Apple Wedges</p>
THURSDAY	<p>Chicken and Sweetcorn in Tomato Sauce GF Pasta Vegetable Medley Jacket Potato with a Choice of Fillings Vanilla Cupcake</p>	<p>Beef Bolognese with GF Pasta Garlic Bread Broccoli Jacket Potato with a Choice of Fillings Fresh Fruit Salad</p>	<p>(v) Margherita Pizza GF Pasta Salad Sweetcorn Jacket Potato with a Choice of Fillings Cocoa Muffin</p>
FRIDAY	<p>'Free From' Fish Fingers or Salmon Fingers (v) Vegetable Goujons Chips Garden Peas or Baked Beans Jacket Potato with a Choice of Fillings Shortbread with a Melon Wedge</p>	<p>'Free From' Fish Fingers (v) Vegetable Goujons Chips Garden Peas or Baked Beans Jacket Potato with a Choice of Fillings Fruit Jelly</p>	<p>Acceptable Jacket Fillings 1. Dairy Free Cheese 2. Baked Beans 3. Dairy Free Cheese and Baked Beans 4. Tuna - NO MAYONNAISE</p> <p>Acceptable Desserts 1. Iced Fruit Smoothie 2. Summer Fruit Jelly 3. GF Shortbread 4. Fresh Fruit Salad 5. GF/EE/DF/SF Cakes/Muffins</p> <p>Acceptable Accompaniments 1. Gluten Free Bread 2. Gluten Free Pasta 3. Steamed Rice</p>



This menu is not suitable for those who need to avoid Fish or Sodium Dioxide

Whilst every precaution has been taken to avoid cross contamination, No guarantee can be given for the absence of allergens.