

AUTUMN / WINTER 2021-22

Manor field Infant & Nursery School

Week One Dates 30/08, 20/09, 11/10, 01/11, 22/11, 13/12, 03/01, 24/01, 14/02, 07/03, 28/03

Week 1	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	<u>Build Your Own Taco</u> with Veggie Chilli, Rice, Mint yoghurt with Jacket Wedges	Classic Pasta Bolognese with Garlic Bread	Roast Chicken with Stuffing, Roast Potatoes & Gravy	Creamy Chicken & Butternut Korma Curry with Mixed Rice	Crispy Breaded Fish Fingers & Chips
Vegetarian Main Meal Option	Wholemeal Margherita Pizza Slice with Jacket Wedges	Veggie Mince Pasta Bolognese with Garlic Bread	Roast Veggie Balls with Stuffing, Roast Potatoes & Gravy	Sticky Barbecue Vegetables with Noodles	Crispy Veggie Burger with Chips
Vegetable Selection	Green Beans Sweetcorn	Broccoli Roasted Vegetables	Cauliflower Seasonal Greens	Mixed Vegetables	Baked Beans Garden Peas
Jacket Potato Options	Jacket Potato with Grated Cheese, Baked Beans	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans
Dessert	Orange & Banana Traybake	Apple Flapjack	Tropical Crumble with Pineapple, Mandarin, Peaches & Cream	Watermelon & Pineapple Slices	Chocolate Cookie

Week Two Dates 06/09, 27/09, 18/10, 08/11, 29/11, 20/12, 10/01, 31/01, 21/02, 14/03, 04/04

Week 2	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Wholemeal Margherita Pizza with Herby Diced Potatoes	Cheesy Ham & Broccoli Pasta with Herby Focaccia	Roast Chicken with Yorkshire Pudding, Roast Potatoes & Gravy	Chicken & Sweetcorn Meatball Sub with Arrabiata Sauce & Baked Wedges	Crispy Breaded Fish Fingers & Chips
Vegetarian Main Meal Option	Smoky Spiced Vegetable Stew with Herby Diced Potatoes	Chinese Vegetable Curry with Mixed Rice & Naan	Roast Veggie Balls with Yorkshire Pudding, Roast Potatoes & Gravy	Creamy Baked Macaroni Cheese	Veggie Hot Dog & Chips
Vegetable Selection	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Broccoli Roasted Vegetables	Baked Beans Garden Peas
Jacket Potato Option	Jacket Potato with Grated Cheese, Baked Beans	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans
Dessert	Oaty Raisin Cookies with Watermelon Slice	Cinnamon Pear Upside Down Cake	Jam Tart with Custard	Lemon & Blueberry Yoghurt Cake	Beetroot Brownie

Week Three Dates 13/09, 04/10, 25/10, 15/11, 06/12, 27/12, 17/01, 07/02, 28/02, 21/03, 11/04

Week 3	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Veggie Meatballs with a Mediterranean Tomato Sauce	Baked Sausages with Yorkshire Pudding, Mashed Potato & Gravy	Roast Chicken with Stuffing, Roast Potatoes & Gravy	Mild Piri Piri Chicken Bake served with Mixed Rice	Crispy Breaded Fish Fingers & Chips
Vegetarian Main Meal Option	Wholemeal Margherita Pizza with Baby Baked Potatoes	Autumn Vegetable & Wholewheat Tortilla 'Lasagne'	Roast Veggie Balls with Stuffing, Roast Potatoes & Gravy	Tomato, Basil & Courgette Pasta Bake	Mozzarella & Fresh Tomato Melt with Chips
Vegetable Selection	Mixed Vegetables Garden Salad	Green Beans Cauliflower	Garden Peas Carrots	Broccoli Sweetcorn	Baked Beans Garden Peas
Jacket Potato Options	Jacket Potato with Grated Cheese, Baked Beans	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans	Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans
Dessert	Chocolate Shortbread	Carrot Cake Cookie	Peach Shortcake Bar with Custard	Watermelon & Pineapple Slices	Lemon & Courgette Slice

Pick and Mix Selection

Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts Available Daily