

AUTUMN / WINTER 2021-22

Manorfield Infant & Nursery School

Week One Dates 30/08, 20/09, 11/10, 01/11, 22/11, 13/12, 03/01, 24/01, 14/02, 07/03, 28/03

| Week 1 | 'Green Earth Monday' | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------------|--|--|--|--|--|
| Main Meal Option | Wholemeal Margherita Pizza Slice with Jacket Wedges | Classic Pasta Bolognese with Garlic Bread | Roast Chicken with Stuffing, Roast Potatoes & Gravy | Creamy Chicken & Butternut Korma Curry with Mixed Rice | Crispy Breaded Fish Fingers & Chips |
| Vegetarian Main Meal Option | <u>Build Your Own Taco</u> with Veggie Chilli, Rice, Mint yoghurt with Jacket Wedges | Veggie Mince Pasta Bolognese with Garlic Bread | Roast Veggie Balls with Stuffing, Roast Potatoes & Gravy | Sticky Barbecue Vegetables with Noodles | Crispy Veggie Burger with Chips |
| Vegetable Selection | Green Beans Sweetcorn | Broccoli Roasted Vegetables | Cauliflower Seasonal Greens | Mixed Vegetables | Baked Beans Garden Peas |
| Jacket Potato Options | Jacket Potato with Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans |
| Dessert | Orange & Banana Traybake | Apple Flapjack | Tropical Crumble with Pineapple, Mandarin, Peaches & Cream | Vanilla sponge with custard | Chocolate Cookie |

Week Two Dates 06/09, 27/09, 18/10, 08/11, 29/11, 20/12, 10/01, 31/01, 21/02, 14/03, 04/04

| Week 2 | 'Green Earth Monday' | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------------|---|--|---|--|--|
| Main Meal Option | Wholemeal Margherita Pizza with Herby Diced Potatoes | Cheesy Ham & Broccoli Pasta with Herby Focaccia | Roast Chicken with Yorkshire Pudding, Roast Potatoes & Gravy | Chicken & Sweetcorn Meatball Sub with Arrabiata Sauce & Baked Wedges | Crispy Breaded Fish Fingers & Chips |
| Vegetarian Main Meal Option | Smoky Spiced Vegetable Stew with Herby Diced Potatoes | Chinese Vegetable Curry with Mixed Rice & Naan | Roast Veggie Balls with Yorkshire Pudding, Roast Potatoes & Gravy | Creamy Baked Macaroni Cheese | Veggie Hot Dog & Chips |
| Vegetable Selection | Sweetcorn Garden Peas | Green Beans Cauliflower | Carrots Savoy Cabbage | Broccoli Roasted Vegetables | Baked Beans Garden Peas |
| Jacket Potato Option | Jacket Potato with Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans |
| Dessert | Oaty Raisin Cookies with Watermelon Slice | Cinnamon Pear Upside Down Cake | Jam Tart with Custard | Lemon & Blueberry Yoghurt Cake | Beetroot Brownie |

Week Three Dates 13/09, 04/10, 25/10, 15/11, 06/12, 27/12, 17/01, 07/02, 28/02, 21/03, 11/04

| Week 3 | 'Green Earth Monday' | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------------|---|--|--|--|--|
| Main Meal Option | Wholemeal Margherita Pizza with Baby Baked Potatoes | Baked Sausages with Yorkshire Pudding, Mashed Potato & Gravy | Roast Chicken with Stuffing, Roast Potatoes & Gravy | Mild Piri Piri Chicken Bake served with Mixed Rice | Crispy Breaded Fish Fingers & Chips |
| Vegetarian Main Meal Option | Veggie Meatballs with a Mediterranean Tomato Sauce | Autumn Vegetable & Wholewheat Tortilla 'Lasagne' | Roast Veggie Balls with Stuffing, Roast Potatoes & Gravy | Tomato, Basil & Courgette Pasta Bake | Mozzarella & Fresh Tomato Melt with Chips |
| Vegetable Selection | Mixed Vegetables Garden Salad | Green Beans Cauliflower | Garden Peas Carrots | Broccoli Sweetcorn | Baked Beans Garden Peas |
| Jacket Potato Options | Jacket Potato with Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans | Jacket Potato with Tuna Mayonnaise, Grated Cheese, Baked Beans |
| Dessert | Chocolate Shortbread | Carrot Cake Cookie | Peach Shortcake Bar with Custard | Banana cake with custard | Lemon & Courgette Slice |

Pick and Mix Selection

Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts Available Daily