



Watton Westfield Infant and Nursery School, West Road, Watton, Norfolk, IP25 6AU

<http://watton.corvuseducation.com>

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Executive Headteacher: Mrs A Lightbown

Headteacher: Mrs H Kemp

Dear Parents and Carers,

I am delighted to share that we will be running some family sessions at Westfield to help families access support and advice around their child’s development. The sessions will be held in the Rainbow Room at Westfield and refreshments will be provided. The sessions are:

Wednesday 13th November 1.30 pm – 3.00 pm – SLEEP - Establishing bedtime routines and advice for any sleep issues your child is experiencing.

Wednesday 20th November 1.30 pm – 3.00 pm – HEALTHY EATING – Healthy Eating with your child and advice around eating issues you may be experiencing with your child

Wednesday 27th November 1.30 pm – 3.00 pm – BEHAVIOUR – Positive behaviour support strategies to help your child manage their emotions and feelings.

Each session will have a maximum of 10 places, this is to enable everyone to have the opportunity to ask specific advice around their child’s sleep routine, eating or behaviour. You can reserve a place on one, two or all three of the sessions. **Places can be reserved in the following ways:**

You can give me a call on Tel: 01953 882669 Email : lbone@corvuseducation.com

Come and have a chat between 8.40 – 8.50 am as I am on Playground duty in the mornings or complete the booking slip below and return via your child’s class teacher or the main office.

There is a drop in session on Wednesday 6th November between 1pm and 2 pm if you would like more information about the family sessions or to reserve your place.

Lisa Bone - Parent Liaison Officer

Childs name Class

Parent/Carers name/s Signature

I/We Would like to reserve a place on the following family sessions (Please circle the sessions you would like to attend. Thank you)

Sleep

Healthy Eating

Behaviour



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