

Week One



Meat Free Monday

Pizza with Jacket Potato Wedges

Tuesday

Local Pork Sausages

Roast Wednesday

Roast Chicken with Stuffing and Roast Potatoes

Thursday

Hearty Beef Bolognese with Pasta Twists

Fishy Friday

Breaded Fish Fingers

Did you know?
We use whole wheat flour in our bread and pastry recipes to ensure our menus are rich in Fibre which is great for your digestion!

Option 1

Option 2 (v)

Served With

Jacket Potato Option

And for Pudding

NEW

Mashed Potato and Baked Beans

Jacket Potato with Cheese

Fruit Scone with Jam and Cream

Fresh Bread, Salad, Fruit, Milk Drink and Water are available every school day. Jacket Potatoes are served with Daily Vegetables or Salad. Please check with your school if the Jacket Potato Option is available.

Week starting: 4 Sept • 25 Sept • 16 Oct • 13 Nov • 4 Dec • 1 Jan • 22 Jan

Week Two



Monday

Beef Meatballs in Mediterranean Sauce with Pasta

Tuesday

Turkey 'One Pot' with a Herby Scone and Baby Boiled Potatoes

Roast Wednesday

Succulent Roast Pork with Apple Sauce

Thursday

Mild Chicken Tikka Masala with Steamed Rice and Naan Bread

Fishy Friday

Krispy Fish

Option 1

Option 2 (v)

Served With

Jacket Potato Option

And for Pudding

NEW

Mini Chewy Bar with Fresh Apple Wedges

Fresh Bread, Salad, Fruit, Milk Drink and Water are available every school day. Jacket Potatoes are served with Daily Vegetables or Salad. Please check with your school if the Jacket Potato Option is available.

Week starting: 11 Sept • 2 Oct • 30 Oct • 20 Nov • 11 Dec • 8 Jan • 29 Jan

Week Three

Monday

Breaded Chicken Fillet with Tomato Pasta

Tuesday

Pork and Sweet Potato Topped Pie with Gravy

Roast Wednesday

Traditional Roast Beef with Yorkshire Pudding

Thursday

Hunter's Chicken with Savoury Rice

Fishy Friday

Breaded Fish Fingers or Salmon Fingers

Option 1

Option 2 (v)

Served With

Jacket Potato Option

And for Pudding

NEW

Lentil Moussaka

NEW

Mixed Salad

Jacket Potato with Baked Beans

Mini Shortbread with Fresh Apple and Orange Wedges

Veggie Balls in Mediterranean Sauce with Steamed Rice

Cauliflower and Sweetcorn

Jacket Potato with Cheese

Brownie Slice

NEW

Quorn Sausage with Yorkshire Pudding

Mashed Potato, Green Beans, Carrots and Gravy

Jacket Potato with Tuna Mayonnaise

Locally Sourced Vanilla Ice-Cream

Italian Bean Bake

Pea and Sweetcorn Medley

Jacket Potato with Cheese and Baked Beans

Apple Crumble with Custard

Veggie Burger

Chips with Garden Peas or Baked Beans

Jacket Potato with Cheese and Coleslaw

Carrot Cake

Fresh Bread, Salad, Fruit, Milk Drink and Water are available every school day. Jacket Potatoes are served with Daily Vegetables or Salad. Please check with your school if the Jacket Potato Option is available.

Week starting: 18 Sept • 9 Oct • 6 Nov • 27 Nov • 18 Dec • 15 Jan • 5 Feb

Did you know?

The sweet potato used in the main dish on Tuesday Week 3 is not only delicious but contains lots of Vitamin D which helps keep your bones nice and strong!



Did you know?

At least three of our desserts per week contain over 50% fruit to ensure you get lots of Vitamins A and C which are good for your eyesight and will help boost your natural immunity!

